

GO SUPPLY FOR ONE

CO-PAY THROUGH

MAIL ORDER

FILL YOUR PRESCRIPTIONS

THROUGH ONE OF OUR

PARTICIPATING HOME DELIVERY

PHARMACIES

Express Scripts Home Delivery

Pharmacy

Hours: 24/7

Telephone Orders: 1-855-315-5220 or

TTY/TDD 1-800-716-3231

Wegmans Mail Order Pharmacy

Hours: M-F 8:30 a.m. - 9 p.m.

Sat. 8:30 a.m. - 6 p.m. & Sun. 8:30 a.m. - 5 p.m.

Telephone Orders: 1-800-586-6910 or

TTY/TDD: 1-877-409-8711

Enjoy the convenience of filling your

prescriptions by phone or online and

having them delivered to your home.

Savings:

Save up to 33% on prescriptions; that

puts money back in your pocket.

Convenience:

• Prescriptions delivered to the address

of your choice.

• Medications ordered your way-online,

over the phone or through the mail.

• Up to 90-day supply of medication at

one time.

TALK THROUGH

TEXT WITH

WELLFRAME APP

WHAT IS IT?

A mobile app for smartphones or tablets that connects members to their Excellus BlueCross BlueShield Member Care Management Team.

The app can help members:

- Get medication reminders
- Get answers to everyday clinical questions
- Find a support group or explore available resources
- Learn about a diagnosis
- Find a participating provider
- Manage a condition
- Access health related articles and videos
- And more!

To sign up:

- Visit Wellframe.com/download on their smartphone or tablet to install the Wellframe app
- Download the app and create new account (Access Code: EXCELLUS)
- After a member signs up, someone from Member Care Management Team will reach out to them.



2019-2020

BCSD HEALTH CARE RESOURCES

Binghamton City School District
164 Hawley Street
Binghamton, NY 13902
607-762-8100
www.binghamtonschools.org

HOW MUCH WILL A PROCEDURE COST?

COST ESTIMATOR

SEARCH FROM A WIDE VARIETY OF TREATMENTS

SORT PROVIDER RESULTS BY COST, DISTANCE AND NUMBER OF TREATMENTS

1. Go to www.excellusbcbs.com and log in as a member using your ID card.
2. Go to "Resources" in the top right toolbar.
3. Click "Estimate Treatment Costs."
4. Click "Get Started Now."

PRESCRIPTION COST SAVINGS?

- COMPARE PRICES
- PRINT COUPONS
- SAVE 80%

Visit:

www.goodrx.com

Ability to 'rate shop'

Zip code based.

Prescriptions purchased from Good RX are separate from your Excellus Health Plan.



NEED TO SPEAK TO A NURSE 24/7?

Specially trained registered nurses can provide support and education right away.

- Free to Members
- Key Features:
 - Decision making support and education
 - Triage to appropriate level of care
 - Information regarding diagnoses, medications, and treatment options
- Assistance with finding providers
- Nutritional information
- Referrals, as appropriate, into Care
- Management Program

Call 1-800-348-9786 or
(TDD/TTY 1-800-421-1220)

TELEMEDICINE

ACCESS ANYWHERE 24/7

Did you know you can have access to a physician from anywhere, 24/7 at a co-pay of \$10?

To register by phone call:

1 - 866 - 692 - 5045

To register on-line:

ExcellusBCBS.com/telemedicine

To register

by text: Text "Excellus"

to 635483 to register your account.

Follow steps; Download MDLive App to your smart phone. Follow steps.



Here's what you need to register for telemedicine

When you register, you'll be asked for:

- your name
- date of birth
- address
- phone number(s)
- Excellus BCBS membership ID Number
- a unique username and password
- the answer to a security question of your choice

You'll also need the name, address, fax number and phone number of your primary care provider and/or pediatrician.

You can register online
ExcellusBCBS.com/Telemedicine

If registering on-line, e-mail confirmation is required.

or call
1-866-692-5045

You also can register other members of your family who are covered under your Excellus BCBS plan.

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